



PROCARE

Professional Caregivers
Burnout Prevention Initiative

Professional caregivers for older people or people with disabilities play a major role in the physical and mental health, recovery and rehabilitation of the patients. The stressful work in healthcare organisation settings or care for individuals at home make the caregivers a population highly susceptible to burnout. The PROCARE project is aimed at the training of managers of long-term care units, so that they are able to act as mentors and support their caregiving staff in their efforts to prevent and manage occupational burnout.

Target groups

VET providers
Long-term healthcare management
Stakeholders for professional caregiving
Stakeholders for mental health and social work
Representatives of long-term care service users

Development of a brand new **Mentoring Delivery Methodology**, tailored to the specific needs of long-term care caregivers, managers, organisations and service users.

Development of a **Mentoring Training Course** for vocational education providers and LTC managers.

Pilot Testing of the material and composition of a policy paper, outlining the importance of incorporating mentoring programmes to support caregivers in long-term care and its impact on their well-being and performance.

Project outputs

Project partners



The European Ageing Network (E.A.N.) groups more than 10.000 care providers across the European continent. Members represent all types of organisations and individuals active for older persons and all types of ownership including for profit, not-for-profit and governmental organisations. It is their vision and mission to improve the quality of life for older persons and support them in making each day a better day by providing high quality housing, services and care. EAN is present in 25 European countries.



Eduforma is an Educational Center accredited in Veneto Region for Lifelong Learning training interventions, vocational education and training (VET), as well as for Guidance Services and Labour. Founded in 2003, Eduforma offers training and management consulting services; it is specialized in the development of human resources, increasing people's skills to face professional problems concerning their specific competences. Eduforma drafts, coordinates and manages training projects funded by the Veneto Region (through the ESF), targeted to unemployed youth and adults. Eduforma is accredited as "Youth Corner" to implement the European Plan "Youth Guarantee". Thanks to the implementations of different EU projects - Eduforma has now a strong experience in new models of training methods development.



DEKAPLUS is a vocational education and training organisation, primarily focusing on the development of competences and skills of SMEs and NGOs. The company has a dedicated department managing EU projects. It undertakes the role of the project writer, project leader or project partner, depending on the nature of the project. Furthermore, since 2014 DEKAPLUS has been the contact point of the "Erasmus for Young Entrepreneurs" Programme in Cyprus.



The Non-Profit Organisation **IASIS** was founded in 2005 in Athens, Greece. The main objectives of the organization are to provide psychosocial support, to combat social exclusion, to provide psychological and counseling services, to create equal opportunities and new perspectives for vulnerable groups, to promote mental health, to provide psychiatric care in the Community based on the principles of Social Psychiatry and Psychosocial Rehabilitation and psychoeducational interventions, based on the standards of Psychiatric Reform and World Health Organization.



The John Paul II Catholic University of Lublin is the oldest university in Lublin and one of the oldest universities in Poland. It was founded in 1918 on the initiative of Father Idzi Radziszewski, who became the first rector. From the beginning, the University's mission is to serve God and Homeland - Deo et Patriae. KUL conducts scientific activity and educates Polish and foreign students in 6 faculties: Theology; Law, Canon Law and Administration; Philosophy; Humanities; Social Sciences; Exact Sciences and Health Sciences; Branch of the John Paul II Catholic University of Lublin in Stalowa Wola. A total of 9818 students are enrolled at the University.



Centrum MEMORY, n.o. is the model institution for caring for people with dementia. It is first contact for people interested in memory and memory problems and specialised facility for people with Alzheimers disease in the Slovak Republic. It provides early diagnostics of Alzheimers disease. The organization also focuses on prevention, cognitive trainings, runs educational programmes for professionals and also operates a day care center.



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